

Activity Report



LUMHS Shares Sports Facilities with Students From Underprivileged Community School.

Liaquat university of Medical and Health Sciences Jamshoro is committed to promoting physical education, teamwork, and healthy lifestyle choices among local school students by providing access to LUMHS sports facilities. The flexible schedule is set with the schools on the set days. The transport is provided to the school students accompanying their teacher to come to the sports gymnasium and spend meaningful time with the sports trainers at LUMHS.

Facilities:

- Directorate of Sports Gymnasium
- Outdoor sports fields
- Indoor sports courts
- Transport from and back to school

Eligible Schools:

- Government and private schools in Jamshoro district
- Schools with limited or no sports facilities

Benefits:

- Expert coaching and mentorship
- Opportunities for inter-school competitions
- Promoting physical activity and healthy lifestyle choices

Program Details:

- Invitation to school students to use LUMHS gymnasium
- Scheduled sports session
- Coaching and training by certified sports professionals
- Equipment and safety gear provided

By sharing its sports facilities with local schools, LUMHS aims to foster a culture of physical activity, teamwork, and community engagement among young people.

SOS School children (School for orphans), children from underrepresented groups are facilitated with sports facilities. Children from SOS school regularly come to LUMHS to utilize sports facilities, the sports trainer actively engaged with students to train them in different sports activities.



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LUMHS Public School regularly visit LUMHS sports Complex for sports activities. Additionally, LUMHS Provides transport facility to schools for mobility of students from school to LUMHS Sports Complex.





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